# Identifying Carotid Plaque Composition in MRI with Convolutional Neural Networks

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# **Background:** Atherosclerosis

- Caused by accumulation of substances in arteries
- Cause stroke, the second place in global death ranks from 1990 to 2010





Results

# Background: Dangerous of carotid plaques

- What we see: Plaque
- Reduced or blocked blood flow
- When a plaque breaks up
  - Rupture from vessel
  - Flow with blood to other parts of body
  - May block the vessel somewhere
- Composition of the plaque => different risk level







[1] What Is Atherosclerosis?, http://www.nhlbi.nih.gov/health/health-topics/topics/atherosclerosis/

# Our goal: Identify composition of plaques

- We focus on carotid vessels (arteries on the neck)
- Traditional method: MRI + Trained radiologist
  - Time consuming
  - Requires expertise
  - Inter-reviewer variability



• We want to identify the composition of carotid plaques in MRI automatically



Dataset

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# Outline

- Background of MRI and plaques
- Dataset and preprocessing
- Our model
- Evaluation



Conclusion

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MRI produces multi-contrast images

- 4 *contrast weightings:* T1W, T2W, TOF, MP-RAGE
- Each from a different physical scanning method





Identifying Carotid Plaque Composition in MRI with Convolutional Neural Networks

#### The vessel: when it is normal



• Calcification: calcium builds up in blood vessels





- Calcification: calcium builds up in blood vessels
- Lipid-rich/necrotic core (LR/NC): extracellular mass in the intima





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- Hemorrhage: liquid plaque component





- Calcification: calcium builds up in blood vessels
- Lipid-rich/necrotic core (LR/NC): extracellular mass in the intima
- Hemorrhage: liquid plaque component
- Loose matrix: tissues that are loosely woven





Identifying Carotid Plaque Composition in MRI with Convolutional Neural Networks

# Previous work requires hand-crafted features, yet not achieving usable accuracy

#### MEPPS

- Morphology-enhanced probability map
- Intensity + morphology information
- Van *et al.*
- Bayes classifier
- Intensity + zero-, first and second derivatives
- Using deep learning, we can improve the performance up to 2x compared to MEPPS
- Do not need ad hoc features



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# Outline

#### Background

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#### Dataset: Chinese Atherosclerosis Risk Evaluation study (CARE II)

- Collected 13 medical centers and hospitals all over China
- Over 1000 patients, we used ~580, age between 18 and 80
- All patients have stroke or transient ischemic attack within two weeks after onsets of symptoms
- Professionally labeled to identify all plaques.



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### Dataset labeling: Alignment of different contrasts

- Each case has 16 slices with 4 *contrast weightings*
- Different slice thickness => requires an alignment



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#### Identifying Carotid Plaque Composition in MRI with Convolutional Neural Networks Dataset Labeling: segment all the component => pixel level labeling



# Dataset labeling: Image quality filtering

Results

• Reviewers provide a 5-level quality score

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• We ignore the lowest quality ones

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# Our training / testing set selection

- We choose 1098 vessels (16 slices each), from ~580 people
- 20% test set
- 80% training + validation



Res<u>ults</u>

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# Outline

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# Our Approach

- We use convolutional neural networks (CNN) to learn the input
- Base models: VGG-16<sup>[1]</sup>, GoogLeNet<sup>[2]</sup>, ResNet-101<sup>[3]</sup>
- Key questions:
  - Still not enough training data.
    - Natural image datasets, e.g. ImageNet, 1.26 million
  - Does ImageNet pre-trained models help?
  - How to adapt the multi-contrast images to a pre-trained model?
  - Plaques is very small in the image, pretrained CNN does not offer not enough resolution

Simonyan K, Zisserman A. Very Deep Convolutional Networks for Large-Scale Image Recognition[J]. Computer Science, 2014.
Szegedy C, Liu W, Jia Y, et al. Going deeper with convolutions[J]. 2015:1-9.
He K, Zhang X, Ren S, et al. Deep Residual Learning for Image Recognition[J]. 2015:770-778.



# **Our Key Ideas**

- We fine-tune base models pre-trained with ImageNet
- Allow inputting the 4 contrast weightings with reasonable overhead
- Maintaining high resolution by reducing the down-sampling factor from 32x to 8x



Dataset

# Key idea 1: Fine-tuning a Pre-trained Model

- Low-level features of pretrained model contains texture information
  - Similar for natural images vs. medical ??
- We can re-use them through fine-tuning



Figure from: Zeiler M D, Fergus R. Visualizing and understanding convolutional networks.

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Key idea 2: Adapting multi-contrast images into the pretrained network (VGG, GoogLeNet, ResNet...)

• Input: RGB Image (3 input channels) -> Multi-contrast MR Images (4 input channels)

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# Key Idea 3: Maintaining high resolution

- Pretrained model has 32x reduction on input images
- Our input size is 320x320
- Plaque composition may be less than 32x32, => less than 1 pixel
- Thus: 8x reduction
- Modify two strides of 2 to 1, and add dilation kernels<sup>[1]</sup>



Less than 32x32

 Chen L C, Papandreou G, Kokkinos I, et al. Semantic Image Segmentation with Deep Convolutional Nets and Fully Connected CRFs[J]. Computer Science, 2014(4):357-361.

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### **Implementation Details**

- Imbalance Data
- Many slices only have normal tissues
- Features of normal tissues can also be learned from other slices, while learning abnormal classes simultaneously
- Thus we throw normal slices away
- Data augmentation

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Since there isn't any known impact of the position (left or right) of the carotid on plaques

Results

• We flip the image horizontally with 1/2 probability

Method

 With an input of 320\*320, we randomly rescale the image to 1x~1.25x, and randomly crop 320\*320 on the rescaled image and put into the net



# Outline

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- Dataset and preprocessing
- Our model
  - Evaluation



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### Results



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#### Results





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### **Results: Metrics**

- Pixel-wise accuracy
  - Recall, precision and f-score
- Pixel-wise accuracy is strict
  - Recall: 0.967; Precision: 0.789; F-score: 0.869



T1W

T2W

TOF

MP-RAGE

Manual

ResNet-101



# Results

#### • Metric

Precision

Recall

F-measure

	MEPPS	GoogLeNet	VGG-16	ResNet-101					
Calcification	0.698/0.457	0.673/0.446	0.663/0.481	0.704/0.492					
Lipid Core	0.373/0.273	0.533/0.419	0.536/0.372	0.576/0.474					
Hemorrhage	0.526/0.299	0.710/0.499	0.717/0.487	0.729/0.622					
Loose Matrix	0.103/0.253	0.422/0.091	0.522/0.138 0.488/0.246						
F-measure									
	MEPPS GoogLeNet VGG-16								
Calcification	0.552	0.536	0.557	0.580					
Lipid Core	0.315	0.469	0.439	0.520					
Hemorrhage	0.382	0.586	0.580	0.671					
Loose Matrix	0.146	0.150	0.218	0.327					

**Precision/Recall** 



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# Results: Comparing to MEPPS

#### • Metric

Precision

Recall

F-measure

	MEPPS	GoogLeNet	VGG-16	ResNet-101						
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**Precision/Recall** 



Results

# **Results: Different CNNs**

#### • Metric

#### Precision

Recall

F-measure

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**Precision/Recall** 



Results

#### Results: Different accuracy on different compositions

Metric

Precision

Recall

F-measure

Calcification     0.698/0.457     0.673/0.446     0.663/0.481     0.704/0.492       Lipid Core     0.373/0.273     0.533/0.419     0.536/0.372     0.576/0.474       Hemorrhage     0.526/0.299     0.710/0.499     0.717/0.487     0.729/0.622       Loose Matrix     0.103/0.253     0.422/0.091     0.522/0.138     0.488/0.246       Lipid Core     0.552     0.0536     0.557     0.580     0.580       Lipid Core     0.382     0.586     0.580     0.671       Hemorrhage     0.345     0.459     0.240     0.247		MEPPS	GoogLeNet	VGG-16	ResNet-101				
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LOOSE MIATRIX 0.146 0.150 0.218 0.327									

**Precision/Recall** 



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### **Results: False Positive**



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# Contributions of Each Contrast Weighting

- Use each contrast weighting to train separate models
- F-measure of each tissue class

Contrast Weighting	Calcification	Lipid/Necrotic Core	Hemorrhage	Loose Matrix
T1W	0.538	0.496	0.443	0.020
T2W	0.494	0.515	0.323	0.387
TOF	0.468	0.465	0.487	0.080
MP-RAGE	0.337	0.437	0.681	0.015
ALL	0.580	0.520	0.671	0.327



Results

#### Model Ensemble

- Average: average over the softmax layer of four models
- Learning: learn the weights of feature maps of upscore layer

Model	Fibrous Tissue	Calcification	Lipid/Necrotic Core	Hemorrhage	Loose Matrix
Average	0.963	0.518	0.522	0.608	0.009
Learning	0.963	0.585	0.557	0.691	0.335
ResNet-101	0.962	0.580	0.520	0.671	0.327





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# Model Ensemble: Learning



### Model Ensemble: weights of each feature map

4 models trained with 4 channels separately

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- 5 score maps for each contrast weighting in each model
- 20 feature maps

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# Model Ensemble: weights of each feature map

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# Model Ensemble: weights of each feature map

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# **Confusion Matrix**

TPFPFNTN

sensitivity specificity

#### **MEPPS**

Calcifi	cation	Lipid	Lipid Core		Hemorrhage			Loose	Matrix
202	14	306	69		81	98		72	634
139	3085	379	2686		19	3242		85	2649
0.592	0.995	0.447	0.975		0.810	0.971	_	0.459	0.807

#### ResNet

Calcifi	cation	Lipi	id Core		Hemo	rrhage		Loose	Matrix	
270	42	567	169		84	34		83	91	
71	3057	118	2586		16	3306		74	3192	1
0.792	0.986	0.827	0.939	-	0.840	0.990	-	0.529	0.972	
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# Results: Running time

- Takes ~11s on a Titan X GPU
- For whole-slice (16 slices) prediction

	MEPPS	GoogLeNet	VGG-16	ResNet-101	
Time (sec)	10.0	9.1	8.9	11.4	



### Conclusion

- We apply CNNs to automatically recognize carotid plaque components
- Modify the network to receive multi-contrast input
- Lower the down sampling ratio to maintain high resolution
- CNNs achieve better accuracy than traditional Bayesian methods while running in acceptable time



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## **Final Remarks**

- CNNs can replace many traditional methods in medical image processing
- Key challenge: labeled data
- esp. high quality label for CNN training  $\neq$  medical report
- Future direction: reducing the labeling requirement, transfer? Active learning?







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